LE CENTRE DE RECHERCHE INTERDISCIPLINAIRE SUR
LES PROBLÈMES CONJUGAUX ET LES AGRESSIONS SEXUELLES - CRIPCAS
INVITES YOU TO TAKE PART IN THE CLINICAL WORKSHOP OFFERED BY

HEATHER B. MACINTOSH, PH.D.

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MCGILL UNIVERSITY

Couple Therapy and Complex Trauma

ADVANCED TRAINING OFFERED IN ENGLISH
PARTICIPANTS MUST HAVE PRIOR EXPERIENCE IN COUPLE THERAPY

FRIDAY NOVEMBER 23RD FROM 9H30 TO 4H30
AT L'UQAM
PAVILLON J.-A.-DESÈVE (ROOM DS-8310)
320, SAINTE-CATHERINE EAST, MONTREAL, H2X 1L7

This clinical workshop is part of the continuing education activities accredited by l'Ordre des psychologues du Québec (OPQ). Participants will receive a certificate attesting their participation following the event.

Registration by e-mail at : melanie.corneau@umontreal.ca

REGISTRATION FOR STUDENTS = 200$
REGISTRATION FOR PROFESSIONALS = 250$

*****PLACES ARE LIMITED TO 25 PARTICIPANTS*****

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Centre de recherche interdisciplinaire
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About the workshop :

Traumas experienced during childhood often occur as part of attachment relationships and can lead to serious difficulties in interpersonal functioning. Most survivors continue to develop and maintain intimate relationships with partners, but these relationships are characterized by higher levels of distress, dissolution and interpersonal violence, serious communication difficulties, significant barriers to a relationship's sexual dynamics, instability and chaos, and fluctuating needs alternating between avoidance and proximity, typical of fear-avoidance attachment styles. The majority of current models of marital therapy do not address the challenges faced by trauma survivors. The new marriage therapy model developed by Dr. MacIntosh will be introduced during the workshop. Developmental Couple Therapy for Trauma Complex (DCTCT) focuses on regulating emotions and building mentalizing skills in a dyadic setting before undertaking trauma treatment in conjugal therapy.

Advanced training offered in English
Participants must have prior experience in couple therapy

Objectives:

1. Discuss the results of research and practice regarding the impact of childhood trauma on relationships;
2. Discuss the results of research and practice regarding previous approaches to mitigating the impact of childhood trauma in couples therapy;
3. Justify the development of the DCTCT model - Developmental Couple Therapy for Complex Trauma;
4. Provide introductory clinical training, including through role plays and video demonstrations, of DCTCT.

About the speaker :

Heather MacIntosh Ph.D. is an Assistant Professor at the School of Social Work at McGill University and teaches in the M.Sc. Family Therapy Program. She is a clinical psychologist and principal investigator on research projects funded by SSHRC and the FRQSC. She is interested in the difficulties experienced by survivors of trauma in childhood, the regulation of emotions and mentalization. She has written numerous peer-reviewed articles and chapters in the field of trauma and couple therapy and is currently developing a model called Developmental Couple Therapy for Complex Trauma (DCTCT). Dr. MacIntosh is also a private psychologist in Montreal and a regular investigator at CRIPCAS.

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